



*Newberg High School challenges student-athletes
to expect excellence from themselves and others in the athletic arena,
without ever compromising excellence in personal and academic pursuits.*

GENERAL PRACTICE OBSERVATION FORM 1

PROGRAM:

LEVEL:

DATE:

Please know that all you put down is going to make our athletics program better so be brutally honest – both positives and negatives. Thank you for your time and effort!

Practice Plan was provided

Yes No

**What was the progression used in
teaching skills:**

**What was the point of emphasis for
the practice session:**

Defensive concepts observed:

**What was your first Impression of
practice setting/atmosphere:**

Offensive concepts observed:

**What was the level of student-athlete
intensity (provide evidence):**

**Identify student-athletes that act as
leaders:**

**What fundamentals were observed
being taught:**

Observation of coaches:

Open observations/comments:

OBSERVER NAME:

Tim Burke, Athletic Director | phone: 503-554-4418 | fax: 503-538-6560

2400 Douglas Avenue, Newberg, OR 97132 | www.newberg.k12.or.us/nhs/athletics



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GENERAL PRACTICE OBSERVATION FORM 2

PROGRAM:

LEVEL:

DATE:

Practice Plan was provided Yes No

EVALUATION			
CHARACTERISTIC	YES	NO	NOT SURE
1. The majority of coaching time was spent on technique/tactics instruction.			
2. Individual interactions occurred more often than group instruction.			
3. More time was spent coaching than in watching/managing.			
4. Positive reinforcement occurred much more frequently than correction/direction.			
5. All areas of the practice environment were supervised satisfactorily.			
6. Demonstrations/models were used appropriately.			
7. Coaching/correction was provided during/between drills.			
8. Interacted individually with every athlete during the practice session.			
9. Monitored and ensured that no athlete experienced excessive fatigue.			
10. Provided variety in the training stimuli in the program.			
11. Athletes appeared to be actively engaged throughout the duration of the practice.			
12. The practice session content was in accord with a sound training plan.			
13. Practice plan was made known to the athlete's prior to the start of practice.			
14. Athletes were kept physically busy all the time.			
15. Athletes were shown videos of themselves for technique analysis.			
16. Directions and communications were clear and appeared to have a purpose.			
17. Each athlete left practice with a sense of closure and accomplishment.			

Comments on the back.

OBSERVER NAME:



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GENERAL PRACTICE OBSERVATION FORM 3

PROGRAM:

LEVEL:

DATE:

I.	Teaching Personality	II.	Team Management
	Self-control and poise		Is prompt in meeting team
	Appropriate sense of humor		Supervises locker room before and after
	Emotional stability		Makes maximum use of time available
	Vitality and good health		Demonstrates care of equipment and facilities
	Enthusiasm in working with student-athletes		Uses good team discipline and control (expect, not fear)
	Appearance		Utilizes staff
	Punctuality in attendance		Utilizes players
	Voice quality		Commands respect by example in appearance, manners, behavior, and language
	Appropriate language		
III.	Professional Qualities	IV.	Coaching Performance
	Has harmonious relationship with staff		Has knowledge and expertise of sport
	Upholds department and school policies, rules, and regulations		Has the ability to motivate athletes
	Follows prescribed practice plan		Has the ability to give directions
	Has good relationship with parents		Exhibits leadership on field or court
	Follows goals and objectives for year		Provides individual and group instruction
	Submits written reports on time		Well-versed in strategy
	Has good relationship with personnel from other schools		Practices are well planned
	Keeps athletic administrator informed about sport		Has effective game organization

Practice Plan was provided Yes No

Comments:

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JOHN WOODEN – ‘PYRAMID OF SUCCESS’ - PRACTICE OBSERVATION FORM

PROGRAM:

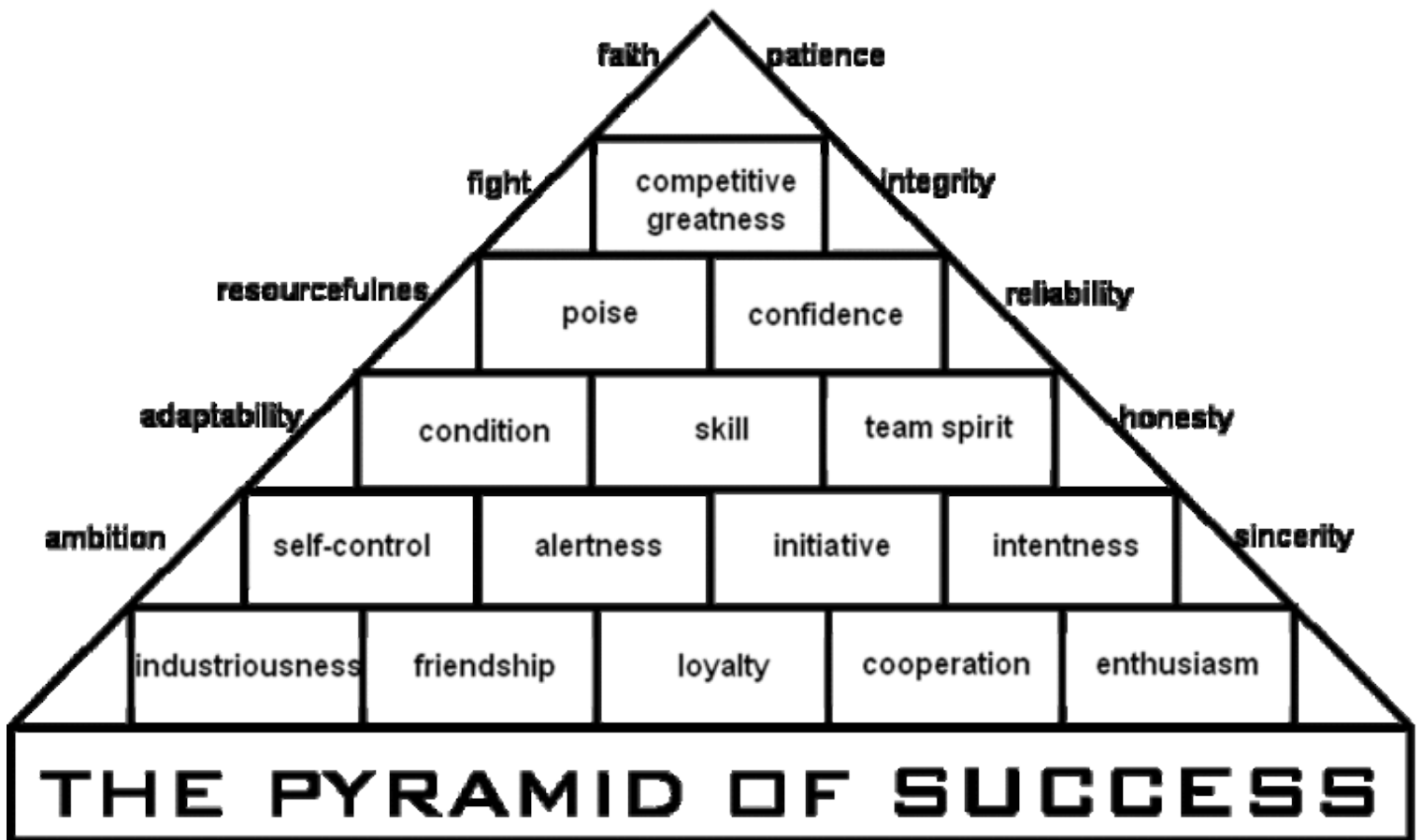
LEVEL:

DATE:

Practice Plan was provided Yes No

Please place a + or a – in the pyramid shaped chart below, where the program (coach or student-athletes) positively or negatively displayed that particular aspect of leadership.

Success



OBSERVER NAME: _____

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John Wooden's Pyramid of Success

In a period of 14 years, ending with his tenure at Indiana State University, John Wooden worked on his famous "Pyramid of Success." He put success, according to his definition, at the apex.

"The first two blocks of the pyramid are the two cornerstones because to be strong, you have to have a strong foundation," said Wooden. "The cornerstones of success to me, in anything, are hard work and enjoy what you're doing. So, one cornerstone is industriousness and the other is enthusiasm.

SUCCESS

"Success is peace of mind which is a direct result of self-satisfaction in knowing you did your best to become the best that you are capable of becoming."

-John Wooden

