

2400 Douglas Avenue Newberg, OR 97132 503,554,4400

Newberg High School challenges student-athletes to expect excellence from themselves and others in the athletic arena, without ever compromising excellence in personal and academic pursuits.

GENERAL PRACTICE OBSERVATION FORM 1

PROGRAM:	LEVEL: DATE:
	going to make our athletics program better so be negatives. Thank you for your time and effort!
Practice Plan was provided Yes □ No □	What was the progression used in teaching skills:
What was the point of emphasis f the practice session:	or Defensive concepts observed:
What was your first Impression or practice setting/atmosphere:	Offensive concepts observed:
	Identify student-athletes that act as leaders:
What was the level of student-ath intensity (provide evidence):	ete Observation of coaches:
What fundamentals were observe being taught:	d Open observations/comments:
OBSERVER NAME:	



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GENERAL PRACTICE OBSERVATION FORM 2

PROGRAM:	LEVEL:		DATE	:
Practice Plan was prov	ided Yes \square No \square			
EVALUATION				
CHARACTERISTIC		YES	NO	NOT SURE
1. The majority of coaching time was spent on technique/tactics instruction.				
2. Individual interactions occurred more often than group instruction.				
3. More time was spent coad	ching than in watching/managing.			
4. Positive reinforcement occ direction.	curred much more frequently than correction/			
5. All areas of the practice er	nvironment were supervised satisfactorily.			
6. Demonstrations/models w	ere used appropriately.			
7. Coaching/correction was p	provided during/between drills.			
8. Interacted individually with	n every athlete during the practice session.			
9. Monitored and ensured that no athlete experienced excessive fatigue.				
10. Provided variety in the tra	aining stimuli in the program.			
11. Athletes appeared to be actively engaged throughout the duration of the practice.				
12. The practice session content was in accord with a sound training plan.				
13. Practice plan was made practice.	known to the athlete's prior to the start of			
14. Athletes were kept physic	cally busy all the time.			
15. Athletes were shown vide	eos of themselves for technique analysis.			
16. Directions and communic purpose.	cations were clear and appeared to have a			
17. Each athlete left practice	with a sense of closure and accomplishment.			
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Comments on the back.

OBSERVER NAME:

Tim Burke, Athletic Director | phone: 503-554-4418 | fax: 503-538-6560



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GENERAL PRACTICE OBSERVATION FORM 3

PROGRAM: LEVEL: DATE:

I.	Teaching Personality	II.	Team Management
	Self-control and poise		Is prompt in meeting team
	Appropriate sense of humor		Supervises locker room before and after
	Emotional stability		Makes maximum use of time available
	Vitality and good health		Demonstrates care of equipment and facilities
	Enthusiasm in working with student-athletes		Uses good team discipline and control (expect, not fear)
	Appearance		Utilizes staff
	Punctuality in attendance		Utilizes players
	Voice quality		Commands respect by example in appearance, manners, behavior, and language
	Appropriate language		
III.	Professional Qualities	IV.	Coaching Performance
	Has harmonious relationship with staff		Has knowledge and expertise of sport
	Upholds department and school policies, rules, and regulations		Has the ability to motivate athletes
	Follows prescribed practice plan		Has the ability to give directions
	Has good relationship with parents		Exhibits leadership on field or court
	Follows goals and objectives for year		Provides individual and group instruction
	Submits written reports on time		Well-versed in strategy
	Has good relationship with personnel from other schools		Practices are well planned
	Keeps athletic administrator informed about sport		Has effective game organization

Practice Plan was provided Yes \square No \square

Comments:

OBSERVER NAME:

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JOHN WOODEN - 'PYRAMID OF SUCCESS' - PRACTICE OBSERVATION FORM

PROGRAM:	LEVEL:	DATE:		
Practice Plan was provided Yes □ No □ Please place a + or a − in the pyramid shaped chart below, where the program (coach or student-athletes) positively or negatively displayed that particular aspect of leadership. Success				
faith patience				

competitive greatness resourcefulnes. reliability poise confidence adaptability honesty condition skill team spirit ambition sincerity self-control initiative intentness alertness

THE PYRAMID OF SUCCESS

loyalty

OBSERVER NAME:	

friendship

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industriousness

www.newberg.k12.or.us/nhs/athletics

enthusiasm

cooperation



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John Wooden's Pyramid of Success

In a period of 14 years, ending with SUCCESS his tenure at Indiana State University, John Wooden worked on his famous "Pyramid of Success." He put suc-જૂ "Success is peace of \ર્જુis a direct result of self-satisfac-"Success is peace of mind which cess, according to his definition, at the apex. "The first two blocks of the best to become pyramid are the two cornerthe best that you stones because to be strong. COMPETITIVE you have to have a strong are capable of GREATNESS foundation," said Wooden. becoming." When the going gets "The cornerstones of tough, the tough get success to me, in anygoing." Be at your -John Wooden best when your best is thing, are hard work needed. Real love of and enjoy what a hard battle. you're doing. So, POISE CONFIDENCE one cornerstone is Just being yourself. Respect without fear. industriousness Being at ease in any Confident not cocky. and the other is situation. Never May come from faith fighting yourself. in yourself in knowing enthusiasm. that you are prepared. CONDITION SKILL TEAM SPIRIT Mental-Moral-A knowledge of and An eagerness to Physical. Rest, the ability to properly sacrifice personal exercise and diet must execute the interests or glory for be considered. fundamentals. the welfare of all. Moderation must be Be prepared. "The team comes practiced. Dissipation Cover every detail. first." must be eliminated. SELF-CONTROL **ALERTNESS** INITIATIVE INTENTNESS Emotions under Be observing Cultivate the ability to Ability to resist control. Delicate constantly. Be quick make decisions and temptation and stay adjustment between to spot a weakness think alone. Desire to with your course. mind and body. Keep and correct it or use it excel. Concentrate on your judgment and as the case may objective and be common sense determined to reach warrant. your goal. INDUSTRIOUS-FRIENDSHIP LOYALTY COOPERATION **ENTHUSIASM** NESS To yourself and all With all levels of your Comes from mutual Your heart must be in esteem, respect and those dependent upon co-workers. Help your work. There is no substitute Stimulate others. for work. Worthwhile devotion. A sincere you. Keep your selfothers and see the liking for all. respect. other side. things come from hard work and careful planning.

Tim Burke, Athletic Director | phone: 503-554-4418 | fax: 503-538-656